



## John C. Frost

June 4, 1944 - November 4, 2019

John C. Frost, 75, of Sault Ste. Marie, Michigan, died suddenly November 4, 2019, at his home. He was born June 4, 1944, in Reno, Nevada, to Leonard and Marie Frost.

John grew up in San Bruno, California. After graduating from high school in San Bruno, he enlisted in the United States Marine Corps and served one tour in Vietnam. After his service, he returned to San Bruno, went into business with his father and married Rosemarie Antonello in Sault Ste. Marie, Ontario, Canada. They had two sons and in 1972, moved their family to Walnut Creek, California. John then went to work for Pacific Gas and Electric Company (PG&E) as an electric transmission substation operator. He officially retired after 23 years but remained active as a part-time contractor for PG&E prior to a full-time commitment as a volunteer. In 2006, John and Rosemarie moved to Sault Ste. Marie, Michigan, and, after a brief stop in Florida, settled in the "Soo" for good two years ago. John loved volunteering at War Memorial Hospital in Sault Ste. Marie, Michigan, and drove their Road to Recovery Cancer Van.

John enjoyed anything having to do with water sports, riding his motorcycle, beer tasting, watching movies and sports, and spending time with family and friends.

John leaves behind his wife of 53 years, Rosemarie Frost, of Sault Ste. Marie, Michigan; son Gregory and his two daughters Maya and Talia of Lafayette, Colorado; son Mathew of Apollo Beach, Florida, and his wife, Margaret; nephews Terry Frost of Vallejo, California and Danny Frost of Martinez, California, and their families; and multiple members of his extended Canadian family.

John was preceded in death by his parents and siblings, Leonard II of San Francisco, California, and Leonard III of Vallejo, California.

A celebration of life Mass will take place at 11 am on Monday, December 16, at St. Joseph Catholic Church in Sault Ste. Marie, Michigan with Father Michael Chenier officiating. Cremation has taken place and Clark Bailey Newhouse Funeral Home and Cremation Center assisted the family with arrangements.

In lieu of flowers, the family requests that a donation be made to Hospice of the Eastern Upper Peninsula or Road to Recovery Cancer Van, care of War Memorial Hospital. Online condolences may be left at [www.clarkbaileynewhouse.com](http://www.clarkbaileynewhouse.com)

# Tribute Wall



“ *John C. Frost*

October 05, 2023 at 09:54 AM



“ *John C. Frost*

October 02, 2023 at 10:14 PM



“ *John C. Frost*

September 01, 2022 at 07:49 PM



“ *Dear Rosemarie, Mat and Margaret, and Greg, and all your family, We were shocked to hear of John's passing. We, as part of your extended family, know what a joy he was to be around. The gatherings were always special. We hope that fond and sweet memories will heal your broken hearts, and that every day ahead will bring continuing comfort. We know our Lord is right there with you. Aren't we blessed to have knowledge of Him during these difficult times. Love each of you very much!*

**Bill and Marilyn Jones** - December 25, 2019 at 12:00 AM

AL

“ Art & I were so very sorry to hear of John's sudden passing ! We certainly enjoyed having you both as our neighbors , across the street , in Fl. ( : Art knew he could have a beer with John any time & enjoy his laughter . We will also always remember the great get-together you both organized at Lattitudes , for our little group . Our heart-felt sympathy goes out to you Rosemarie, & your family . May our Dear Lord bless you with good memories & thoughts of John always smiling ! ( : Luv & hugs, Art & Kathy

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**Art & kathy Locotosh** - December 14, 2019 at 12:00 AM

LS

“ Dearest Rosemarie, Greg & Mat and families, Our hearts are heavy for you in this very sudden loss of John. John was certainly an inspiration of energy and kindness...always willing to go the extra mile in helping others even in the simplest of things. His "one of a kind" unique personality always brought a smile and sometimes a laugh to our lives. So many are the better for having known John. May you now be Blessed with his spirit and in time...Peace in your hearts. Warm FL Hugs, Larry & Mary Jo

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**Larry & Mary Jo Stachulski** - December 01, 2019 at 12:00 AM

JF

“ My deepest sympathy goes out to you and your family. I will always remember your support for Dan and I. John was a delight to be around and will be missed greatly. God bless you all. Janet

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**Janet Flower** - November 27, 2019 at 12:00 AM